

Anthony & Sons Bakery, Inc.

Nutrition Label Report

Whole Wheat 6" Hero

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Nutrition Facts	
1 serving per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	240
Calories from Saturated Fat 5	
% Daily Value	
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 460mg	20%
Total Carbohydrate 48g	17%
Dietary Fiber 4g	16%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 2.5mg	15%
Potassium 150mg	4%
Magnesium 0mg	0%

INGREDIENTS: Water, Whole Wheat Flour, Water, Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Shortening All Purpose Vegetable (Palm Oil), Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-andDiglycerides (DATEM),Monoglycerides,Soybean Oil,Calcium Sulfate,Ascorbic Acid,Potassium Bromate,L-Cysteine,Dextrin,Wheat Starch and Enzymes)., Salt, Yeast, Sugar, Calcium Sulfate,Enzyes, Calcium Propionate(Preservative), Allergen: This Product has been Processed in a Facility where, Wheat,Soy product are present.

CONTAINS: WHEAT & SOY