

Anthony & Sons Bakery, Inc.  
Nutrition Label Report  
Mini Whole Wheat Bagels

5:00 PM 9/21/2020  
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Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 4/5 oz (51g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>120</b>
Calories from Saturated Fat 0	
% Daily Value	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 1g	5%
Total Sugars 2g	
Includes 1g Added Sugars	3%
<b>Protein</b> 4g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.2mg	6%
Potassium 30mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Whole Wheat Flour, Water, Sugar, Salt, Malted Barley Flour, Honey Powder (Honey, Maltodextrin), Contains Less Than 2% Of Mono- And Diglycerides, Molasses Powder (Molasses, Wheat Starch), Hydrolyzed Wheat Gluten, Ascorbic Acid (Vitamin C), Enzymes., Sugar Brown, Yeast, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present. CONTAINS: WHEAT