

Anthony & Sons Bakery, Inc.
 Nutrition Label Report
 Boiled Bagels Plain

4:40 PM 9/21/2020
 Page 1 of 1

Nutrition Facts	
1 serving per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	270
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	21%
Total Carbohydrate 56g	21%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 2.6mg	15%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Sugar, Salt, Malted Barley Flour (Contains Wheat), Honey Powder (Honey, Maltodextrin), Contains Less Than 2% Of Mono- And Diglycerides, Molasses Powder (Molasses, Wheat Starch), Hydrolyzed Wheat Gluten, Ascorbic Acid (Vitamin C), Enzymes., Yeast, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.

CONTAINS: WHEAT