

# Anthony & Sons Bakery, Inc.

## Nutrition Label Report

### Boiled Bagels Sesame Seed

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| <b>Nutrition Facts</b>        |                    |
|-------------------------------|--------------------|
| 1 serving per container       |                    |
| <b>Serving size</b>           | <b>4 oz (113g)</b> |
| <b>Amount per serving</b>     |                    |
| <b>Calories</b>               | <b>280</b>         |
| Calories from Saturated Fat 0 |                    |
| % Daily Value                 |                    |
| <b>Total Fat</b> 2.5g         | <b>3%</b>          |
| Saturated Fat 0g              | <b>0%</b>          |
| <i>Trans</i> Fat 0g           |                    |
| <b>Cholesterol</b> 0mg        | <b>0%</b>          |
| <b>Sodium</b> 470mg           | <b>21%</b>         |
| <b>Total Carbohydrate</b> 56g | <b>20%</b>         |
| Dietary Fiber 3g              | <b>9%</b>          |
| Total Sugars 4g               |                    |
| Includes 3g Added Sugars      | <b>6%</b>          |
| <b>Protein</b> 10g            |                    |
| Vitamin D 0mcg                | 0%                 |
| Calcium 50mg                  | 4%                 |
| Iron 3mg                      | 15%                |
| Potassium 20mg                | 0%                 |
| Magnesium 15mg                | 4%                 |

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Sugar, Salt, Malted Barley Flour (Contains Wheat), Honey Powder (Honey, Maltodextrin), Contains Less Than 2% Of Mono- And Diglycerides, Molasses Powder (Molasses, Wheat Starch), Hydrolyzed Wheat Gluten, Ascorbic Acid (Vitamin C), Enzymes., Sesame Seeds, Yeast, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.  
CONTAINS: WHEAT