

Anthony & Sons Bakery, Inc.
 Nutrition Label Report
 Half Russian Rye

3:51 PM 9/21/2020
 Page 1 of 1

Nutrition Facts	
15 servings per container	
Serving size	1 1/2 oz (43g)
Amount per serving	
Calories	90
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	3%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.9mg	4%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Rye Flour, Salt, Ground Caraway Seed, Sugar, Acetic Acid, Lactic Acid, and 2% or Less of Each of the following:Ground Dill Seed, Natural Flavor, Black Caraway Seed, Shortening All Purpose Vegetable (Palm Oil), Yeast, Enzyme, Malted Wheat Flour, Enzymes, Ascorbic Acid, (Vitamin C),, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
 CONTAINS: WHEAT