

Anthony & Sons Bakery, Inc.

Nutrition Label Report

Large Twist Seeded

1:12 PM 9/16/2020
Page 1 of 1

Nutrition Facts	
7 servings per container	
Serving size	2 oz (57g/2 oz)
Amount per serving	
Calories	140
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 3g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 24g	9%
Dietary Fiber 2g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.8mg	10%
Potassium 30mg	0%
Magnesium 15mg	4%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Sesame Seeds, Salt, Shortening All Purpose Vegetable (Palm Oil), Corn Flour, Malt Barley, Monocalcium Phosphate, L-Cysteine, Potassium Bromate., Sugar, Yeast, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.

CONTAINS: WHEAT