

# Anthony & Sons Bakery, Inc.

## Nutrition Label Report

### Semolina Hero

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<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>4 7/10 oz (133g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>340</b>
Calories from Saturated Fat 10	
<b>% Daily Value</b>	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1g	<b>6%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 700mg	<b>31%</b>
<b>Total Carbohydrate</b> 57g	<b>21%</b>
Dietary Fiber 4g	<b>13%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 3.4mg	20%
Potassium 130mg	2%
Magnesium 40mg	10%

INGREDIENTS: Water, Durum Flour, Niacin, Ferrus Sulfate, Thiamin Mononitrate, Ribflavin, Folic Acid, Unbromated Unbleached Enriched, Wheat, Flour (Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sesame Seeds, Salt, Dough Conditioner: (Soy Flour, Diacetyl Tartaric Acid Esters of Mono- and Diglycerides (DATEM), Monoglycerides, Soybean Oil, Calcium Sulfate, Ascorbic Acid, Potassium Bromate, L-Cysteine, Dextrin, Wheat Starch and Enzymes), Yeast, Sugar, Shortening All Purpose Vegetable (Palm Oil), Vital Wheat Gluten, Soy Lecithin, Natural Flavors, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.

CONTAINS: WHEAT & SOY