

# Anthony & Sons Bakery, Inc.

## Nutrition Label Report

### Retail Country Wheat.

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<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>2 1/4 oz (64g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
Calories from Saturated Fat 0	
% Daily Value	
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0.5g	<b>3%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 280mg	<b>12%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 2g	<b>9%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.4mg	8%
Potassium 80mg	2%
Magnesium 5mg	0%

INGREDIENTS: Water, Whole Wheat Flour, Water, Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Salt, Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-andDiglycerides (DATEM),Monoglycerides,Soybean Oil,Calcium Sulfate,Ascorbic Acid,Potassium Bromate,L-Cysteine,Dextrin,Wheat Starch and Enzymes)., Shortening All Purpose Vegetable (Palm Oil), Vital Wheat Gluten, Yeast, Sugar, Wheat Bran, Propionic Acid and Phoshoric Acid, Calcium Propionate(Preservative), Sodium Stearoyl Lactylate (Ssl), Caramel Color, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.

CONTAINS: WHEAT & SOY