

Anthony & Sons Bakery, Inc.

Nutrition Label Report

Retail Country Multigrain

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Nutrition Facts	
8 servings per container	
Serving size	2 slices (71g)
Amount per serving	
Calories	180
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 3.5g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	19%
Total Carbohydrate 32g	12%
Dietary Fiber 4g	15%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.7mg	10%
Potassium 50mg	2%
Magnesium 5mg	2%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Whole Oat Groats, Flaxseed, Sunflower Seeds, Sugar, Wheat Bran, Rolled Oats, Millet, Sesame Seeds, Cracked Wheat, Dried Wheat Sour, Lactic Acid, Soybean oil, Salt, Yeast, Corn Flour, Malt Barley, Monocalcium Phosphate, L-Cysteine, Potassium Bromate, Caramel Color, Calcium Propionate(Preservative), Propionic Acid and Phoshoric Acid, Sodium Stearoyl Lactylate (Ssl), Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
CONTAINS: WHEAT