

Anthony & Sons Bakery, Inc.

Nutrition Label Report

Whole Wheat Dinner.

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Nutrition Facts	
1 serving per container	
Serving size	2 oz (57g/2 oz)
Amount per serving	
Calories	120
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 24g	9%
Dietary Fiber 2g	8%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 1.2mg	6%
Potassium 80mg	2%
Magnesium 0mg	0%

INGREDIENTS: Water, Whole Wheat Flour, Water, Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Shortening All Purpose Vegetable (Palm Oil), Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-andDiglycerides (DATEM),SoybeanOil,CalciumSulfate,Ascorbic Acid,Potassium Bromate,L Cysteine,Dextrin, Wheat Starch and Enzymes)., Salt, Yeast, Sugar, Calcium Sulfate,Enzyes, Calcium Propionate(Preservative), Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
CONTAINS: WHEAT & SOY