

Anthony & Sons Bakery, Inc.  
 Nutrition Label Report  
 Ciabatta Hero

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<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>99 g (3.5 oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>210</b>
Calories from Saturated Fat 0	
<b>% Daily Value</b>	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 430mg	<b>19%</b>
<b>Total Carbohydrate</b> 43g	<b>16%</b>
Dietary Fiber 2g	<b>5%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2mg	10%
Potassium 0mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Dried Durum wheat sourdough, yeast, antioxidant: ascorbic acid,enzymes., Salt, Allergen: This Product has been Processed in a Facility where, Wheat,Soy product are present.

CONTAINS: WHEAT