Anthony & Sons Bakery,Inc. Nutrition Label Report Whole Wheat Pan Roll

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Nutrition Fa	acts
1 serving per container Serving size 3 1/5	5 oz (91g)
Amount per serving Calories Calories from Saturated Fat 0	190
%	Daily Value
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 38g	14%
Dietary Fiber 4g	13%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 2mg	10%
Potassium 120mg	2%
Magnesium 0mg	0%

INGREDIENTS: Water, Whole Wheat Flour, Water, Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Shortening All Purpose Vegetable (Palm Oil), Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-andDiglycerides (DATEM),Monoglycerides,Soybean Oil,Calcium Sulfate,Ascorbic Acid,Potassium Bromate,L-Cysteine,Dextrin,Wheat Starch and Enzymes)., Salt, Yeast, Sugar, Calcium Sulfate,Enzynes, Calcium Propionate(Preservative), Allergen: This Product has been Processed in a Facility where, Wheat,Soy product are present.

CONTAINS: WHEAT & SOY