

Anthony & Sons Bakery, Inc.  
 Nutrition Label Report  
 # 3 Rye

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<b>Nutrition Facts</b>	
30 servings per container	
<b>Serving size</b>	<b>1 slice 1.5oz (43g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>90</b>
Calories from Saturated Fat 0	
<b>% Daily Value</b>	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.9mg	4%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Rye Flour, Salt, Ground Caraway Seed, Sugar, Acetic Acid, Lactic Acid, and 2% or Less of Each of the following:Ground Dill Seed, Natural Flavor, Shortening All Purpose Vegetable (Palm Oil), Yeast, Enzyme, Malted Wheat Flour, Enzymes, Ascorbic Acid, (Vitamin C). Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.  
 CONTAINS: WHEAT