

Anthony & Sons Bakery, Inc.

Nutrition Label Report

Portuguese Roll

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Nutrition Facts	
1 serving per container	
Serving size	3 1/2 oz (99g)
Amount per serving	
Calories	230
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 460mg	20%
Total Carbohydrate 44g	16%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 2.2mg	10%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Vital Wheat Gluten, Salt, Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono- andDiglycerides (DATEM),Monoglycerides,Soybean Oil,Calcium Sulfate,Ascorbic Acid,Potassium Bromate,L-Cysteine,Dextrin,Wheat Starch and Enzymes)., Shortening All Purpose Vegetable (Palm Oil), Sugar, Yeast, Allergen: This Product has been Processed in a Facility where, Wheat,Soy product are present.

CONTAINS: WHEAT & SOY