

# Anthony & Sons Bakery, Inc.

## Nutrition Label Report

### #1 Pumpernickel

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| <b>Nutrition Facts</b>        |                           |
|-------------------------------|---------------------------|
| 18 servings per container     |                           |
| <b>Serving size</b>           | <b>1 slice (28g/1 oz)</b> |
| <b>Amount per serving</b>     |                           |
| <b>Calories</b>               | <b>30</b>                 |
| Calories from Saturated Fat 0 |                           |
| <b>% Daily Value</b>          |                           |
| <b>Total Fat</b> 0g           | <b>0%</b>                 |
| Saturated Fat 0g              | <b>0%</b>                 |
| <i>Trans</i> Fat 0g           |                           |
| <b>Cholesterol</b> 0mg        | <b>0%</b>                 |
| <b>Sodium</b> 70mg            | <b>3%</b>                 |
| <b>Total Carbohydrate</b> 6g  | <b>2%</b>                 |
| Dietary Fiber 0g              | <b>0%</b>                 |
| Total Sugars 0g               |                           |
| Includes 0g Added Sugars      | <b>0%</b>                 |
| <b>Protein</b> 1g             |                           |
| Vitamin D 0mcg                | <b>0%</b>                 |
| Calcium 0mg                   | <b>0%</b>                 |
| Iron 0.7mg                    | <b>4%</b>                 |
| Potassium 10mg                | <b>0%</b>                 |
| Magnesium 0mg                 | <b>0%</b>                 |

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Rye Flour, Rye Meal, Salt, Caramel Color, Spices, Sugar, Lactic Acid, Contains 2% or Less of: Soy Oil, Shortening All Purpose Vegetable (Palm Oil), Yeast, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.  
CONTAINS: WHEAT & SOY